

March 2018 Adult Programming for the Homewood Public Library

Let's Dish Cookbook Club – Choose Your Own Culinary Adventure

Thursday, March 1, at 6:30 p.m. in the Boardroom

Talk, tempt, and taste during this recipe club discussion group that's all about food! To participate, prepare a recipe around this month's theme and bring the dish and recipe to the meeting. We will dish about the theme, recipe, and deliciousness at the meeting. No registration required. For more information, please contact Judith Wright at jrwright@bham.lib.al.us or at (205) 332-6622.

Mistakes 99% of Retirees Make When Applying for Social Security Benefits

Thursday, March 1, at 6:30 p.m. in the Round Auditorium

If you are thinking about retirement, this program is for you. Philip Wilson, a local financial advisor with 30 years' experience, is the only advisor certified in the state of Alabama for Social Security claiming strategies. Learn if you can retire and when, as well as filing strategies to maximize Social Security benefits. While participation in the workshop is FREE, space is limited to 25. Register online at www.homewoodpubliclibrary.org.

Betsy Ross: Did She Create the American Flag?

Friday, March 2, at 1:00 p.m. in the Large Auditorium

Since March is Women's History Month, we consider the reality or myth that Betsy Ross actually created the first American Flag. Join us as historian Richard Rhone describes the details of her life. What kind of a woman was she? Elizabeth "Betsy" Ross (1752-1836), also known by her second and third married names, Ashburn and Claypoole, was a flag maker for the Pennsylvania navy and is widely credited with making the first American flag. According to family tradition, Ross convinced General George Washington, commander-in-chief of the Continental Army, to change the shape of the stars he had sketched for the flag from six-pointed to five-pointed by demonstrating that it was easier and speedier to cut the latter.

Edward Jones Workshop & Luncheon – The Entrepreneurial Equation

Monday, March 5th, at 11:30 a.m. in the Large Auditorium

This workshop is a partnership between Edward Jones and the Homewood Public Library. You are cordially invited to the Edward Jones Investments Workshop & Luncheon hosted by Rachel Reynolds, Financial Advisor with Edward Jones. Small business owners wear many hats...sometimes several at once! This seminar is designed to help you, as a business owner, understand the financial tools available to help you build, grow and preserve your business, while enabling you to focus on what you do best. Lunch will be served at 11:30 a.m., and the workshop will be from 12-1 p.m. Participation in the workshop is free; however you must reserve your spot no later than March 3rd by calling (205) 414-0851 or emailing rachel.reynolds2@edwardjones.com.

Not Your Mama's Book Club: Introverts vs. Extroverts

Tuesday, March 6, at 2p.m. in the Boardroom

Join us for a brand new kind of genre book club. Instead of all reading the same book, you get to do it your way... read a book or an article, listen to a podcast or an interview, or watch a documentary and then discuss. Join us as we discuss the differences between extroverts and introverts. Psychologists and introvert authorities explain the difference between the two styles like this: extroverts get energy from everything around them, including activities like talking and interacting with others, while introverts get energy from the playground of their mind, including being alone. Refreshments will be provided.

Niki Sepsas Presents From the Fury of the Norsemen: The Saga of the Vikings

Wednesday, March 7, at 1 p.m. in the Round Auditorium

The story of how the Vikings became the most feared seagoing raiders of northern Europe and transitioned into colonists whose trade network stretched from the Arctic to present-day Iraq.

AARP Smart Driver Course

Saturday, March 10, from 9:30 a.m.-4 p.m. in Boardroom

The AARP Smart Driver Course, offered by AARP Driver Safety, is the nation's first and largest refresher course designed specifically for older drivers. Those who complete the course may be eligible for an automobile insurance discount for up to 3 years. Participants should check with their insurance company for possible discounts. Registration required. AARP members \$15.00, non-members \$20.00. To register, please call Joe Ross at (205) 823-7067.

How to Build a Better Garden: "Got Sun, Grow Food" Container Gardening

Saturday, March 10, at 10 a.m. in the Large Auditorium

You don't need a backyard farm to enjoy the flavors of just-picked berries or vine-ripened tomatoes still warm from the sun. Strategize right, and you can grow a lot of food in a tiny space, even in full view of your neighbors. Choose varieties with ornamental attributes, and veggies don't need to hide in the backyard. You don't need long vegetable rows, either. Most edibles actually do better mixed in with different varieties or with flowering plants. Luckily, growing methods that work best for plants also mesh nicely with ways to grow a lot of food in a small space. Join us for tips on veggie container gardening from Master Gardener Karen Mitchell.

Library Yoga

Mondays, March 12 & 19, at 10 a.m. in the Large Auditorium

Take time out of your busy schedule for free yoga classes at the library. All levels of fitness welcome. No registration required, but *please bring your own mat*.

First Step Wednesdays – Get the Most Out of Your iPad and iPhone!

Wednesday, March 14, at 2:30 p.m. in the Round Auditorium

This workshop is geared towards casual users. Join us as Apple® certified trainers for Alabama Tech-Ease answer your questions on how best to use your Apple® device.

Oxmoor Page Turner's Book Club – *The Handmaid's Tale* by Margaret Atwood

Tuesday, March 13, at 6:30 p.m. in the Boardroom

Join us as we explore Margaret Atwood's fable of the near future. In the Republic of Gilead, formerly the United States, far-right ideals have been carried to extremes by the government. The resulting society is a feminist's nightmare. The tale is told by Offred, a Handmaid, who recalls the past and tells how the chilling society came to be.

Climate Change Conversation

Thursday, March 15, at 1 p.m. in the Round Auditorium

Join us as Dr. John R. Christy, Alabama's State Climatologist, presents his research on current climate conditions. Dr. Christy is the distinguished Professor of Atmospheric Science and Director of the Earth System Science Center at The University of Alabama in Huntsville where he began studying global climate issues in 1987. Since November 2000 he has been Alabama's State Climatologist. This event is offered as part of the NASA@ My Library grant.

Bossypants Book Club – *Ready Player One* by Ernest Cline

Monday, March 19, from 6:30-8 p.m. at Nabeel's Café

If you love spiky humor, quick wit, and brutal honesty, this is the book club for you! We are taking book discussions across the street to Nabeel's Café to enjoy food and fun. *Ready Player One*, bestselling cult classic, is soon to be a major motion picture directed by Steven Spielberg.

The ABC's of Medicare

Tuesday, March 20, at 12 p.m. and 6 p.m. in Room 116 (Lower Level)

Have you been wondering about all the new changes to our Medicare Benefits? Karen Haiflich will answer all your questions about how benefits are currently computed, how to become insured, and how to file a claim.

Homewood Senior Center Book Club – *The Chaperone* by Laura Moriarty

Tuesday, March 20, at 1 p.m. at the Homewood Senior Center

In this layered and inventive story, Moriarty raises profound questions about family, sexuality, history, and whether it is luck or will—or a sturdy combination of the two—that makes for a wonderful life.

LibraryFlix – *Chicago*

Tuesday, March 20, at 3:30 p.m. in the Large Auditorium

Winner of six Academy Awards, *Chicago* is a dazzling spectacle cheered by audiences and critics alike! At a time when crimes of passion result in celebrity headlines, night club sensation Velma Kelly (Zeta-Jones) and spotlight-seeking Roxie Hart (Zellweger) both find themselves sharing space on Chicago's Murderess Row!!!

Women Making History

Thursday, March 22, at 6: 30 p.m. in the Large Auditorium

In celebration of Women's History Month, join us for an evening of movers and shakers! Meet some of today's leading local women and learn about female pioneers who helped shape the world. This family friendly event is offered as part of the NASA @ My Library grant.

Alabama Bicentennial: Fiddlers, Banjo Players and Strawbeaters: Alabama's First Pop Musicians

Friday, March 23, at 1 p.m. in the Large Auditorium

Join us as Joyce Cauthen discusses the early fiddles of Alabama, the musicians who played them and the popularity of this music in their communities. A pivotal role was played by African Americans in developing the music at the roots of today's bluegrass and country music. Cauthen will demonstrate use of the banjo, "straws" (a technique in which broom straws or knitting needles were beat on the strings as the fiddler played) and guitar in backing up the fiddle. Accompanied by fiddler Jim Cauthen, who will demonstrate fiddle tunes that have been specifically mentioned in historical writings, slave narratives and early newspapers of Alabama. The audience will hear musical styles and tunes that are seldom heard today—and will have the opportunity to ask questions and share their perceptions of the differences in this music and the modern country music that are based upon it.

Jane Austen Regency Ball

Saturday, March 24, at 7 p.m. in the Large Auditorium

Optional practice session from 3:30-5pm, and doors open at 6:30 p.m. for the Ball

The Jane Austen Society of North America-Alabama Region invites you to join us for a Jane Austen Regency Ball. No prior ballroom experience is necessary and novices are welcome. There will also be a practice session from 3:30 p.m. to 5:00 p.m. for those who wish to learn some of the dances prior to the Ball. Attendance of the practice session is not a requisite to attend and/or dance at the Ball. We will have a "caller," who will provide instructions for the dances as we go, and refreshments will be served. Period costumes are encouraged, but not required. The cost is \$20 per person (the price includes practice session). This event is for adults and teens. Tickets must be reserved in advance (pay at the door), and will be available beginning Monday, January 1, through Saturday, March 18. Space is limited. Please call (205) 578-8280 for reservations or email jasna.alabama@gmail.com.

Dixie's Pet Loss Support Group

Tuesday, March 27, at 5:30 p.m. in Room 106 (Lower Level)

The death of a pet can be one of the most devastating events that can happen to a person – yet one of the most misunderstood, too. This grief/loss group is sponsored by the Greater Birmingham Humane Society. Participation in the workshop is free; however reservations are requested since space is limited. Contact Randy Hicks, GBHS Volunteer Coordinator, at (205) 542-7111.

The Better Than Therapy Book Club Documentary *Without Lying Down: Frances Marion & the Power of Women in Hollywood*

Wednesday, March 28, at 2 p.m. in the Boardroom

"I've spent my life searching for a man to look up to without lying down", said Frances Marion, and what a life it was! From 1915 to 1939, she was one of the most powerful talents in the movie industry, writing more than 200 movies as the world's highest paid screenwriter, man or woman, and becoming the first screenwriter to win two Oscars. Join us for this documentary about her fascinating life narrated by Uma Thurman and Oscar-winner Kathy Bates, who gives voice to the screenwriter's own words taken from her letters, diaries and memoirs. Footage from more than twenty of Marion's movies aligns with commentary by pre-eminent silent film historian Kevin Brownlow, critic Leonard Maltin and more.

The Better Than Therapy Book Club – *The Girls in the Picture* by Melanie Benjamin

Wednesday, March 28, at 2 p.m. in the Boardroom

Melanie Benjamin, known for her living, breathing portraits of famous figures, takes on the Golden Age of Hollywood, and the friendship between icons Mary Pickford and screenwriter Frances Marion. As riveting as the latest blockbuster, this is a star-studded story of female friendships, creative sparks about to ignite, and the power of women.

iProduct Master Class – Deep Dive Into the Settings for iPads & iPhones

Wednesday, March 28, at 2:30 p.m. in the Large Auditorium

Join us for this special class with Apple® Certified trainers for Alabama Tech-Ease, a member of the Apple® Consultants Network, for a deep dive into the settings for our iOS devices. Learn how to get the most out of your devices by utilizing each group of settings, including: iCloud, Control Center, mail settings, Bluetooth, cellular and WiFi, battery, and much more!

UAB Neuroscience Café – Advances in Huntington's Disease: New Therapeutic Strategies

Thursday, March 29, at 6:30 p.m. in the Round Auditorium

Huntington's disease (HD) is caused by a genetic degeneration of nerve cells in certain areas of the brain. HD is a complex disorder that affects a person's ability to feel, think, and move. Symptoms tend to worsen over time and the disease often runs in families. (A person with one parent affected by HD has a 50% chance of developing it.) While there are medicines that can alleviate the symptoms, there is no treatment to stop or reverse the course of the disease. Join us as UAB specialists Michelle Gray, Ph.D. & Victor Sung, M.D. talk about new therapeutic strategies and the cutting edge of medical science providing new advances in Huntington's disease treatment.