

January 2018 Adult Programming at the Homewood Public Library

Disney Team Trivia

Tuesday, January 2, at 6:30 p.m. in the Large Auditorium

Do you think you are a Disney fanatic? Know all the words to your favorite Disney songs? Seen the Little Mermaid 26 times? Prove it! You and your team (up to 7 members total) can battle it out for ultimate Disney fan at our Disney Team Trivia event. Prizes will be given to the trivia winners along with a costume contest and a prize for best team name. Light refreshments served. Online registration required.

Niki Sepsas Presents Columbus to Castro: The Tumultuous Caribbean Sea

Wednesday, January 3, at 1 p.m. in the Round Auditorium

Join us as Niki Sepsas presents a historical tour of the Caribbean Seas. The Caribbean is not just a vacation paradise, but also home to some of the most colorful history in the Western Hemisphere.

Let's Dish Cookbook Club – The French Table

Thursday, January 4, at 6:30 p.m. in the Boardroom

Talk, tempt, and taste during this recipe club discussion group that's all about food! To participate, prepare a recipe around the month's theme and bring the dish and recipe to the meeting. We will dish about the theme, recipe, and deliciousness at the meeting. No registration required. For more information, please contact Judith Wright at jrwright@bham.lib.al.us or at (205) 332-6622.

One Tequila, Two Tequila...

Friday, January 5, at 6:30 p.m. in the Large Auditorium

Tequila may have a reputation for facilitating bad decisions and epic hangovers, but its status within the cocktail world has undergone a change for the better over the last few years. Join bartender and author Clair McLafferty to discuss the spirit's history and the myriad misconceptions about it. After each program Ms. McLafferty will be selling and signing copies of her book, *The Classic & Craft Cocktail Recipe Book: The Definitive Guide to Mixing Perfect Cocktails from Aviation to Zombie*. Ages 21 and up. Tickets are \$12.50 and include two adult beverages and light refreshments. Tickets go on sale December 5, 2017 at www.homewoodpubliclibrary.org.

Library Yoga

Mondays, January 8, 22 & 29, at 10 a.m. in the Large Auditorium

Take time out of your busy schedule for free yoga classes at the library. All levels of fitness welcome. No registration required, but *please bring your own mat*.

Not Your Mama's Book Club: Hypnotherapy

Tuesday, January 16, at 2p.m. in the Boardroom

Join us for a brand new kind of genre book club. Instead of all reading the same book you get to do it your way... read a book or an article, listen to a podcast or an interview, or watch a documentary and then discuss. Join us as we discuss hypnotherapy, a form of psychotherapy used to create change in a patient while in a state of sleep, or unconsciousness, known as hypnosis. The therapy itself uses guided relaxation techniques from a trained hypnotist, that invoke feelings of intense relaxation, concentration, and/or focus to achieve a heightened state of awareness or trance-like state. Find out its many uses. Refreshments will be provided. Everyone welcome.

**Oxmoor Page Turner's Book Club – *Magpie Murders* by Anthony Horowitz
Tuesday, January 9, at 6:30 p.m. in the Boardroom**

From *New York Times* bestselling author Anthony Horowitz, this fiendishly brilliant, riveting thriller weaves a chilling, ingeniously original modern-day mystery worthy of Agatha Christie. When editor Susan Ryland begins to read the latest manuscript by curmudgeonly, bestselling author Alan Conway, she has no idea that by the time she gets to the end, the author will be dead from a mysterious fall, and that the last chapter of his last novel will be MIA. Sounds simple enough, but Horowitz uses this set-up to construct a clever novel-within-a-novel framework.

**First Step Wednesdays – Get the Most Out of Your iPad and iPhone!
Wednesday, January 10, at 2 p.m. in the Round Auditorium**

This workshop is geared towards casual users. Join us as Apple® certified trainers for Alabama Tech-Ease answer your questions on how best to use your Apple® device.

**New Year's Resolution #1 : Declutter & Organize Your Home
Thursday, January 11, at 6:30 p.m. in the Round Auditorium**

Resolved to clean up your act this year? If the idea of living a simpler, uncluttered life with less stuff sounds attractive, this program with Becky Laurent is for you. Whether you're dealing with everyday clutter, pursuing a simpler lifestyle, or dealing with paralyzing clutter at your home or the home of a loved one, Becky will share insights and resources to help you reach your goals. Wherever you are on your decluttering journey, this program has something for you.

OLLI Bonus Program: The Threat of Climate Change

Friday, January 12, at 1:00 p.m. in the Large Auditorium Homewood Library

Climate change is hotly debated. Some believe it is the greatest threat to our civilization and some believe it is a hoax. Join us as Michael Hansen, Executive Director, of the Greater Birmingham Alliance to Stop Pollution helps us understand the science behind anthropogenic climate change, the threat it poses to Alabama, and what we can do about it.

AARP Smart Driver Course with Joe Ross

Saturday, January 13, from 9:30 a.m.-4 p.m. in Room 102 (Lower Level)

The AARP Smart Driver Course, offered by AARP Driver Safety, is the nation's first and largest refresher course designed specifically for older drivers. Those who complete the course may be eligible for an automobile insurance discount for up to 3 years. Participants should check with

their insurance companies for possible discounts. Registration required. AARP members \$15.00, non-members \$20.00. To register, please call Joe Ross at (205) 823-7067.

The ABC's of Medicare

Tuesday, January 16, at 12 p.m. and 6 p.m. in Room 116 (Lower Level)

Have you been wondering about all the new changes to our Medicare Benefits? Karen Haiflich will answer all your questions about how benefits are currently computed, how to become insured, and how to file a claim.

Bossypants Book Club – *The Hideaway* by Lauren Denton

Monday, January 22, from 6:30-8 p.m. at Nabeel's Café

If you love spiky humor, quick wit, and brutal honesty, this is the book club for you! We are taking book discussions across the street to Nabeel's Café to enjoy food and fun while we discuss *The Hideaway* by Homewood author Lauren Denton.

Homewood Senior Center Book Club – *The Coal Tattoo* by Silas House

Tuesday, January 23, at 1 p.m. at the Homewood Senior Center

Life isn't easy for twenty-two year old Easter and her teenage sister Anneth, who were left parentless as young children. While Easter, a devout Pentecostal, finds solace in the powerful music of her church, Anneth seeks comfort in the rougher edges of life found in dancing, drinking, and fast living. Easter believes in tradition and is intent on rearing her wild young sister properly, but it's only a matter of time before a wedge is driven between them—and threatens to undo their bond forever. . . .

Libraryflix: *Wonder Woman*

Tuesday, January 23, at 3:30 p.m. in the Large Auditorium

Before she was Wonder Woman, she was Diana, princess of the Amazons. Fighting alongside men in the war to end all wars, Diana will discover all her powers....and her true destiny. Starring Gal Gadot, Chris Pine and Robin Wright.

NASA@ My Library Community Conversation

Tuesday, January 23, at 5:30 p.m. in the Round Auditorium

In 2017, the Homewood Public Library was the only library in the state of Alabama, and one of only seventy-five libraries in the United States, to receive the NASA@ My Library grant. The goal of the grant is to promote NASA, science, and discovery within our community. Join us as we host this community conversation event where you, as members of the community, can give your opinions and feedback on the direction we take with this prestigious grant. No registration required. Light refreshments served.

iProduct Master Class – Deep Dive Into the Settings for iPads & iPhones

Wednesday, January 24, at 2 p.m. in the Large Auditorium

Join us for this special class with Apple® Certified trainers for Alabama Tech-Ease, a member of the Apple® Consultants Network, for a deep dive into the settings for our iOS devices. Learn

how to get the most out of your devices by utilizing each group of settings, including: iCloud, Control Center, mail settings, Bluetooth, Cellular and WiFi, battery, and much much more!

UAB Neuroscience Café - Biology of Alzheimer's Disease and the Promise of More Effective Treatments

Thursday, January 25, at 6:30 p.m. in the Round Auditorium

Alzheimer disease causes the gradual deterioration of cognitive function, including severe memory loss and impairments in abstraction and reasoning. Understanding the complex changes that occur in the brain as the disease progresses—including the accumulation of amyloid plaques and neurofibrillary tangles—is critical for the development of successful therapeutic approaches. Join us as a UAB researcher & doctor explain the disease and describe the latest treatments for it.

Dixie's Pet Loss Support Group

Tuesday, January 30, at 5:30 p.m. in Room 106 (Lower Level)

The death of a pet can be one of the most devastating events that can happen to a person – yet one of the most misunderstood, too. This grief/loss group is sponsored by the Greater Birmingham Humane Society. Participation in the workshop is free; however reservations are requested since space is limited. Contact Randy Hicks, GBHS Volunteer Coordinator, at (205) 542-7111.

The Better Than Therapy Book Club – *The Girl Before* by J.P. Delaney **Wednesday, January 31, at 2 p.m. in the Boardroom**

In the tradition of *The Girl on the Train* and *Gone Girl* comes an enthralling psychological thriller that spins one woman's seemingly good fortune and another woman's mysterious fate, through a kaleidoscope of duplicity, death, and deception. Soon to be a major motion picture directed by Ron Howard.